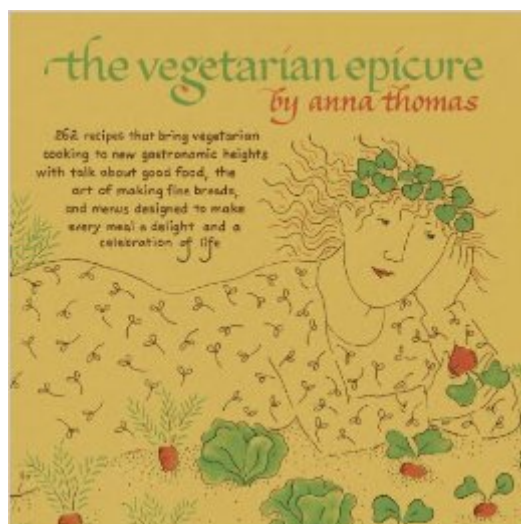


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# The Vegetarian Epicure: 262 Recipes



## Synopsis

262 recipes that bring vegetarian cooking to new gastronomic heights with talk about good food, the art of making fine breads, and menus designed to make every meal a delight and a celebration of life.

## Book Information

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Average Customer Review: 4.8 out of 5 stars [See all reviews](#) (24 customer reviews)

Best Sellers Rank: #92,523 in Books (See Top 100 in Books) #182 in [Books > Cookbooks, Food & Wine > Special Diet > Vegetarian & Vegan > Non-Vegan Vegetarian](#) #245 in [Books > Cookbooks, Food & Wine > Cooking Education & Reference > Reference](#) #25706 in [Books > Reference](#)

## Customer Reviews

I got this cookbook in the '70's in high school during a brief flirtation with vegetarianism. It's no exaggeration to say this book taught me to cook. My favorite all-time recipes live here, from the magnificent eggplant parmesan that uses wheat germ as breading, to the herb-and-onion bread that mixes up quickly and goes great with soup, to the apple crisp everyone adores. Nothing low-fat or faddish here; just truly excellent food. Recently decided to replace my copy, as it finally fell apart after so many years of use. At least 10 stars.

Most people think vegetarians eat nothing but salads and fruit and going meatless is a difficult uninteresting way to eat. Well it isn't. This is my third or fourth copy of this cookbook as I give it away to people who find they love it as much as I do. The recipes are from a time when people did not worry about fat, carbs or calories and could just plainly enjoy very good food. These recipes show you that meat does not have to be a part of every meal or any meal as meatless alternatives are extremely good.

I had this book a long time ago but lost it. In this addition, some of my favourite recipes are included. there is a pie crust for a delicious quiche that is really good and my whole family, vegetarians or not, love it. many recipes are good, and the book has many substitutions. I highly recommend this book that a doctor's wife recommend at least 30 years ago. I am glad it was still available at such a good price!

I purchased my first copy of Vegetarian Epicure in I believe 1972. This was my first vegetarian cookbook and was an excellent introduction to this kind of cooking. I and now my daughters still use certain recipes regularly. We all particularly love the author's pasta dishes. The illustrations are charming and the recipes are well organized and carefully presented. This cookbook is a treasure!

I was looking for a vegetarian cookbook and based on the overall good reviews I bought this one. I've tried a few of the recipes and they were all lackluster. The recipes are bland - so much so that I don't plan to try any others. The bottom line is that food and cooking has evolved quite a bit since the 70s with fresher ingredients and more variation in spices and combinations.

I bought a paperback copy of this cookbook way back in 1972 and, having worn it literally to pieces, recently bought the Kindle version. The bonus is that I can take the Kindle version with me wherever I go! I own three cookbooks by Anna Thomas, and they are all well used, and the meals well loved - and not only by vegetarians.

This cookbook may be old but it is a classic. The recipes are dependable and delicious. It is now a staple on my cookbook shelf. Or rather my e-reader.

Came to to locate the vegetarian cookbook I'd used since the mid 1980s. There was a great pasta salad recipe in it. (I stuck to really easy offerings back then). Now that I'm experienced in the kitchen, can't wait to revisit and try some of the more labor intensive recipes. If I can ever find it in the stacks of boxes in my garage, that is. Oh well, if not, there's always , looks like there's quite a few for sale here.

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